

About Solutions For Care

Mission Statement

Solutions For Care is committed to preserving the independence and dignity of all older adults and those living with disabilities, being their advocate, and working to find the best available resources that lead to greater self-sufficiency and a higher quality of life.

Service Area:

Solutions for Care serves all of Berwyn and Cicero, and the following villages and towns in Proviso Township: Bellwood, Berkeley, Broadview, Forest Park, Hillside, Maywood, Melrose Park, Stone Park, and Westchester.

Please note, the Caregiver Resource Center ONLY services Berwyn and Cicero.

Solutions for Care does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S Civil Rights Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department of Aging.

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SOLUTIONS
for care.

**Caregiver
Resource Center**

Are You a Caregiver?

Services Available to Caregivers

Caregiver Support Group

You are a caregiver if you assist an older adult with:

- Providing transportation
- Preparing meals and housework
- Assisting with personal hygiene
- Organizing medication
- Providing emotional support
- Handling finances
- Other unpaid tasks



Respite: Provides a paid caregiver to care for your loved one at home so that you can take a break from caregiving.

Counseling: One-on-one conversations with your Caregiver Specialist to provide direction and resources.

Education/Training: Events and Workshops developed around educational topics geared towards caregivers.

Grandparents Raising Grandchildren: Temporary financial assistance through GAP Filling funds for grandparents or non-parent relatives raising children under the age of 18 or those who are 19 to 59 years old with disabilities.

Financial Assistance (GAP Filling): Request assistance to alleviate the economic pressure of being a caregiver.

Solutions for Care's Caregiver Support Group will help you share your caregiver experience and learn new skills and techniques to help you and your loved one. Share with the group your concerns and emotions in a safe nonjudgmental space. Explore solutions with others facing the same struggles.

The Caregivers Support Group meets every second Friday of the month at Solutions for Care from 11am to 12pm.

