

Newsletter

SOLUTIONS
for care.

Happy New Year!



Executive Director, Richard Juarez Sr.

January/February 2023

Message from Executive Director Richard Juarez Sr.

Happy New Year! I would like to start 2023 off with well wishes to all of our clients, community partners, and staff. May 2023 bring health, happiness, and prosperity to all. As we leave 2022 in the past I would like to reflect on the accomplishments Solutions for Care had throughout the year. Our dedicated staff held numerous successful community events, workshops, and support groups to help provide resources, information, and knowledge to our older adult community. In 2023 as we navigate a post-pandemic world SFC will focus on growing our team and services to continue to serve Berwyn, Cicero, and Proviso Township to the best of our abilities. Cheers to a bright new year.

Clean Up with Care

Solutions for Care recently partnered with Oak Park-based property restoration company **PuroClean** to help an elderly homeowner in Berwyn, IL. The SFC Adult Protective Services (APS) team knew that the elderly homeowner needed property restoration to be able to live comfortably and safely in their home. The APS team worked diligently to secure a state grant to help fund the restoration project and the temporary housing of the homeowner.

The project required a deep cleaning of the home and water damage mitigation due to a faulty pipe. The dedicated PuroClean team responded quickly and was able to clear out the inside of the

home entirely within five days. The PuroClean team sorted and collected the homeowner's items with respect and compassion throughout the cleanup.



The PuroClean team worked tirelessly to ensure the project was complete before the holidays.

The APS Interim Supervisor, Christine Komperda, was able to secure donations for furniture to ensure the homeowner had essential furniture upon returning home. Although the project was a large undertaking the hard work and dedication of the PuroClean and SFC Adult Protective Services teams made it possible for the elderly homeowner to return home before the holidays.

For more information about Solutions for Care's Adult Protective Services visit www.solutionsforcare.org or call 708-447-2446.



Once the home was cleared out the water damage mitigation was completed to prevent future damage.

Medicare Advantage Open Enrollment

Each year from January 1st to March 31st it is the Medicare Advantage Open Enrollment period. Solutions for Care staff understands it can be difficult to navigate the different Medicare programs available to older adults. SFC's Aging & Disability Resource Network has state-certified staff known as Senior Health Insurance Program (SHIP) Counselors to help participants. SHIP Counselors are available for Medicare Counseling or to review your current plan during open enrollment every Monday and Thursday by appointment only. To schedule an appointment with a SHIP Counselor call 708-447-2448. For more information on services provided by the Aging & Disability Resource Network visit www.solutionsforcare.org.

What are Medicare Advantage Plans? Medicare Advantage Plans are another way to get your Medicare Part A and Part B coverage. Medicare Advantage Plans, sometimes called "Part C" or "MA Plans," are offered by Medicare-approved private companies that must follow rules set by Medicare.



Aging & Disability Resource Network team members at a Medicare information session.

Most Medicare Advantage Plans include drug coverage (Part D). In most cases, you'll need to use healthcare providers who participate in the plan's network. These plans set a limit on what you'll have to pay out-of-pocket each year for covered services.

For more information on Medicare Advantage Plans visit www.medicare.gov or call 1-800-MEDICARE.

Events

Stay informed on Solution for Care events, community events, and local resource events. Visit <https://solutionsforcare.org/events/> to view informational event flyers on individual events. Please note some events may require advance registration.

- **1/11/23 to 3/8/23 (Wednesdays) - Stress Busting Program for Family Caregivers of Persons with Alzheimer's or Related Dementias:** 10 AM - 11:30 AM. Virtual Sessions via Zoom. Call Miriam Rico at 708-447-2448 ext 129 to register.
- **1/19/23 (Thursday) - Casa Esperanza Informational Booth:** By Appointment only. Call to make an appointment at 708-345-3632. Location: 1115 23rd Ave. Melrose Park, IL 60160
- **1/30/23 - Medicaid & Medicare Savings Program Application Day:** 10AM - 2PM at JenCare Senior Medical Center 6326 Cermak Rd., Berwyn, IL 60402. Call 224-809-7200 to register for the event. Space is limited.
- **2/2/23 - Casa Esperanza Informational Booth:** By Appointment only. Call to make an appointment at 708-345-3632. Location: 1115 23rd Ave. Melrose Park, IL 60160
- **2/10/23 - Caregiver Support Group:** 11 AM - 12 PM at Solutions for Care 7222 W Cermak Rd. North Riverside, IL 60546 (Suite 200 Conference Room)
- **2/16/23 - Casa Esperanza Informational Booth:** By Appointment only. Call to make an appointment at 708-345-3632. Location: 1115 23rd Ave. Melrose Park, IL 60160
- **Senior Health Insurance Program (SHIP) Counselors are available every Monday & Thursday for Medicare Counseling** By Appointment only. Call to make an appointment at 708-447-2448.

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