

SOLUTIONS for care.



CAREGIVER SUPPORT GROUP



Second Friday of
the Month



7222 W. Cermak Rd.
Suite 200
North Riverside, IL 60546



11:00AM - 12:00PM

IF YOU TAKE CARE OF A LOVED ONE, YOU ARE NOT ALONE.

Solutions for Care's Caregiver Support Group will help you share your caregiver experience. You will have the opportunity to learn new skills and techniques to help you and your loved one. Share with the group your concerns and emotions in a safe nonjudgmental space. Explore solutions with others facing the same struggles.

FOR MORE INFORMATION



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www.solutionsforcare.org

2024-2025 SUPPORT GROUP DATES

10/11/2024	4/11/2025
11/8/2024	5/9/2025
12/13/2024	6/13/2025
1/10/2025	7/11/2025
2/14/2025	8/8/2025
3/14/2025	9/12/2025

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